

Original article

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Cross-cultural adaptation and validation of the Danish version of the 19-item return-to-work self-efficacy (RTWSE-19) questionnaire¹

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1 Appendix A

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The 19-item RTW self-efficacy scale

Items with difficulties in the translation process marked*

We would like to know how confident you are in doing certain activities if you were at work today. For each of the following questions, please circle the number that corresponds to your confidence that you could do the task at the present time:

How confident are you that you could...

Not at all confident (1) ***Totally confident (10)***

1. Suggest to your supervisor ways to change your work to reduce discomfort?*
2. Fulfill all of your duties and responsibilities?
3. Change the type of work activities you do to reduce discomfort?*
4. Explain any physical limitations you may have to your co-workers?
5. Meet expectations for job performance?*
6. Perform most of your daily activities at work?
7. Avoid re-injury?

8. Get co-workers to help you with activities that might cause discomfort?*
9. Keep up with the pace at work?
10. Modify the way you work to reduce discomfort?*
11. Get emotional support from co-workers (such as listening or talking about your problem)?
12. Avoid activities that are likely to increase pain?
13. Meet your production requirements?
14. Reduce your physical workload?*
15. Do everything you're trained to?
16. Describe to your supervisor the nature of your injury and your medical treatment?*
17. Discuss openly with your supervisor things that may contribute to your discomfort?*
18. Do your work without slowing others down?
19. Request changes in your workstation or work area to reduce discomfort?*