Scand J Work Environ Health 1996;22(5):346-352

<https://doi.org/10.5271/sjweh.152>

Issue date: Oct 1996

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This article in PubMed: www.ncbi.nlm.nih.gov/pubmed/8923607

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Occupation and the risk of lung cancer in Uruguay

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De Stefani E, Kogevinas M, Boffetta P, Ronco A, Mendilaharsu M. Occupation and the risk of lung cancer in Uruguay. *Scand J Work Environ Health* 1996;22:346—52.

Objectives The purpose of this study was to provide more information regarding the risk of lung cancer associated with asbestos, pesticides, and other exposures in the Uruguayan work force.

Methods This multisite case-referent study was part of a large project designed for evaluating the role of occupational exposures in cancer risk in Uruguay. According to the design employed, cases were a subset of the data base corresponding to a particular site (in this instance lung cancer), and they were compared with all other sites combined (referents).

Results Significant increases in risk associated with workers in the construction industry were mainly observed for squamous-cell carcinoma. Asbestos, silica dust, and DDT (dichlorodiphenyltrichloroethane) exposure were also associated with increases in the risk of lung cancer. Pipefitters, bakers, and textile workers were also at increased risk of developing lung cancer.

Conclusions Workers employed in the construction industry, as well as those exposed to DDT may have an excess risk of lung cancer. These findings are particularly important in showing that developing countries like Uruguay display risk patterns of similar magnitude as those observed in developed communities.

Key terms asbestos, construction, lung cancer, pesticides, silica dust.

Lung cancer is the most frequent malignant disease among the male population of Uruguay with an incidence rate of 74.0 per 100 000 (1). Mortality from lung cancer in Uruguay is among the highest of the American countries, following closely the United States and Canada, and it is increasing with time (2—3). Previous studies in Uruguay have shown the dominant role of tobacco smoking in the etiology of the disease, with an attributable risk of 85% (4). In a previous case-referent study (5) it was estimated that about 22% of all lung cancer could be attributed to occupational exposures, and a higher risk of lung cancer was observed among construction workers, welders, and electricians. This finding suggests that exposure to asbestos may be widespread among the Uruguayan work force. In addition, agricultural workers displayed a twofold excess in risk for small-cell carcinoma of the lung. Since agricultural workers represent about 20% of the employed population in Uruguay, this country constitutes a convenient place for studying the possible association between lung cancer risk and pesticide exposure. We conducted a case-referent study designed

specifically to describe the possible role of exposure to asbestos, pesticides, and other occupational exposures in the risk of lung cancer in Uruguay.

Subjects and methods

This study was part of a large multisite case-referent study aiming to estimate the importance of different occupational exposures for the occurrence of cancer in Uruguay. All incident cases occurring in men between 30 and 75 years of age and admitted to the five major hospitals in Montevideo, Uruguay, in the period January 1993 to December 1994 were interviewed shortly after admittance by a team of trained social workers. All sites and histologies were considered eligible for the study. The response rate was high (97.4%), and the patients were extremely cooperative. The reasons of nonresponse were refusals (2.0%) and poor physical condition (1.6%). According to data from the National Cancer Register,

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interviewed cases represented 40.0% of all the incident cases registered in the same period in Montevideo (43% of the cases and 36% of the referents).

The distribution of cases by cell type is shown in table 1. Squamous-cell carcinoma was the most frequent (50.7%), followed by adenocarcinoma (21.1%), and small-cell lung cancer (12.2%). In table 2, the referents are classified by cancer site (International Classification of Diseases, ninth revision). Colorectal cancer was the most common site (30.6%), followed by prostate (23.7%) and malignant lymphoma (8.1%).

The questionnaire covered sections on sociodemographic variables, tobacco smoking, alcohol drinking, a complete occupational history, specific questions concerning the use of several substances, an asbestos section including relevant job titles and probing questions for each job title, and a section on pesticide use for agricultural workers and garden owners. The part of the questionnaire evaluating exposure to asbestos was an abridged version of a series of supplementary questionnaires used in a German study on risk factors for lung cancer (6).

For each occupation held for at least one year, age of employment, year of hire, and duration of the exposure was recorded. The subjects employed in each occupation were compared with subjects never employed in the corresponding occupations.

Furthermore, estimates of exposure to specific substances were carried out for each patient, according to the principles previously employed by Jockel et al (6). According to the strategy proposed, each cancer site is examined as a case series, using the remaining cancer sites as referents.

In the present study lung cancer patients constituted the case series. The remaining sites, with the exception of cancer of the oral cavity, pharynx, esophagus, stomach, larynx, and bladder, constituted the reference series. The reason for excluding these sites in the reference group was the anatomic proximity or the likelihood of shared occupational etiologies. A total of 270 cases and 383 referents were included in the study. The age distribution was slightly wider for the referents. A larger proportion of lung cancer patients lived in the capital city of Montevideo, and a smaller percentage lived in the northern region of the country. The cases were somehow less educated and with lower incomes than the referents, but the differences were nonsignificant.

Relative risks, approximated by the odds ratios (OR), were estimated for each job title and substance, after control for major confounders, through stratified analysis and unconditional logistic regression (7). The decisions as to which covariates would be included in the final models were based on the biological plausibility, the level of significance when entered into the model (at 0.10) and confounding (whether the covariate acted as a confounder of the primary association of interest).

(Confounding was considered present if the regression coefficient of the primary independent variable changed more than 10% after the addition of the potentially confounding variable to the model.) Among the potential confounders, age, residence, education, income, tobacco smoking (in pack-years), and alcohol consumption fulfilled the criteria and were included in all the models. More complex models included interaction terms between job titles or substances with tobacco smoking and sociodemographic variables. All the calculations were performed using EGRET and GLIM programs (8–9).

Results

The odds ratios for selected job titles, after adjustment for major confounders, is shown in table 3. The only job titles associated with significantly elevated odds ratios were bricklayers (OR 1.6) and finishers (OR 1.6). Increased risks were also observed for butchers (OR 2.0), shoemakers (OR 4.8), pipefitters (OR 1.9), textile workers (OR 2.3), and plumbers (OR 2.2). There was a significant effect for textile workers with duration of employment; longer duration of textile work being associated with a fourfold increase in risk. When job titles were classified by cell type, important differences resulted (table 4). Significantly elevated odds ratios for construction workers (bricklayers, finishers) were associated with

Table 1. Distribution of cases by cell type.

Cell type	Number	%
Squamous cell	137	50.7
Small cell	33	12.2
Adenocarcinoma	57	21.1
Large cell	9	3.3
Carcinoma (not otherwise stated)	34	12.6
Total	270	100.0

Table 2. Distribution of referents by cancer site.

Site ^a	Number	%
Colon and rectum (153–154)	117	30.6
Prostate (185)	91	23.7
Malignant lymphoma (200–202)	31	8.1
Skin (172–173)	23	6.0
Kidney (189)	23	6.0
Sarcomas (171)	21	5.5
Leukemia (204–208)	19	4.9
Other sites ^b	15	3.9
Nervous system (191–192)	11	2.9
Penis (187)	10	2.6
Testis (186)	9	2.4
Multiple myeloma (203)	8	2.1
Gall bladder (156)	5	1.3
Total (140–208)	383	100.0

^a Code of the International Classification of Diseases, 9th revision, in parentheses.

^b Cancer of the salivary gland, liver, nose and male breast.

Table 3. Relative risks of lung cancer for job titles with at least five cases exposed to asbestos. (OR = odds ratio, 95% CI = 95% confidence interval)

Job title	Cases (N)	Referents (N)	Length of exposure					
			1–20 years		≥ 21 years		Ever exposed	
			OR ^a	95% CI	OR ^a	95% CI	OR ^a	95% CI
Mechanic	12	28	0.3	0.1–1.0	0.9	0.4–2.6	0.6	0.3–1.2
Electrician	11	14	0.9	0.2–3.2	1.1	0.3–3.4	0.9	0.4–2.3
Welder	18	22	0.5	0.1–2.0	2.1	0.9–4.7	1.4	0.7–2.8
Metal worker	9	15	1.2	0.3–4.8	1.3	0.4–3.8	1.3	0.5–3.1
Roofer	44	48	0.9	0.4–2.1	1.4	0.8–2.6	1.3	0.8–2.0
Bricklayer	95	83	1.6	0.9–2.7	1.7	1.0–2.8	1.6	1.1–2.4
Finisher	96	92	1.6	0.9–2.7	1.5	0.9–2.5	1.6	1.1–2.3
Plasterer	5	9	1.1	0.2–5.4	0.4	0.1–2.5	0.7	0.2–2.3
Truck driver	30	47	1.1	0.5–2.2	0.9	0.5–1.9	0.9	0.6–1.7
Tractor driver	28	35	1.7	0.8–3.6	0.7	0.3–1.6	1.1	0.6–2.0
Miner	9	11	0.9	0.2–3.3	0.8	0.2–3.2	0.8	0.3–2.2
Plumber	5	4	2.4	0.2–32.9	2.1	0.4–10.7	2.2	0.5–8.9
Baker	11	9	2.6	0.7–9.6	1.1	0.3–4.3	1.7	0.7–4.4
Painter	18	22	0.9	0.2–3.0	1.4	0.6–3.1	1.2	0.6–2.4
Glass worker	16	23	0.6	0.3–1.6	1.7	0.6–4.9	0.9	0.5–1.9
Pipefitter	21	16	1.3	0.4–3.7	2.8	1.1–7.4	1.9	0.9–4.0
Butcher	15	12	2.1	0.6–7.0	2.0	0.7–6.2	2.0	0.9–4.7
Leather workers	4	6	0.7	0.1–4.4	1.3	0.2–9.9	0.9	0.2–3.6
Textile	11	8	1.4	0.4–5.1	4.8	0.9–24.2	2.3	0.9–6.1
Farmer	112	161	1.1	0.7–1.8	1.3	0.7–2.5	1.2	0.8–1.8
Forestry worker	12	14	1.1	0.3–3.9	1.5	0.5–4.9	1.3	0.6–3.2
Shoemaker	7	2	.	.	.	.	4.8	0.9–24.9
Carpenter	10	13	1.5	0.5–4.8	0.7	0.2–2.9	1.1	0.5–2.7

^a All the estimates were adjusted for age, residence, education, tobacco smoking (in pack-years), and alcohol consumption.

Table 4. Relative risks of lung cancer, stratified by cell type, for job titles. (OR = odds ratio, 95% CI = 95% confidence interval)

Job title	Squamous cell			Small cell			Adenocarcinoma		
	N	OR ^a	95% CI	N	OR ^a	95% CI	N	OR ^a	95% CI
Mechanic	10	0.7	0.3–1.7	1	0.5	0.1–3.7	—	.	.
Electrician	11	1.5	0.6–3.8	—	.	.	1	0.5	0.1–3.9
Plumber	5	2.7	0.5–13.5	—	.	.	—	.	.
Welder	17	1.2	0.5–2.9	1	0.8	0.1–6.6	2	0.9	0.2–3.9
Metal worker	8	0.8	0.2–2.9	1	1.6	0.2–14.2	3	2.3	0.6–8.8
Roofer	39	1.1	0.6–2.1	5	0.9	0.3–2.9	6	0.8	0.3–1.9
Bricklayer	89	1.7	1.1–2.8	9	0.8	0.3–2.1	21	1.7	0.9–3.2
Finisher	90	1.9	1.2–3.0	7	0.6	0.2–1.6	19	1.4	0.7–2.6
Plasterer	5	0.9	0.2–3.7	1	1.0	0.1–9.2	—	.	.
Truck driver	29	0.9	0.5–1.9	3	0.8	0.2–3.1	8	1.4	0.6–3.3
Tractor driver	26	1.0	0.5–2.1	5	1.6	0.5–5.5	8	1.9	0.8–4.9
Miner	9	1.2	0.3–4.9	1	0.9	0.1–9.7	—	.	.
Baker	11	2.3	0.7–6.9	3	7.3	1.5–35.8	2	1.4	0.3–7.2
Painter	18	1.5	0.6–3.4	4	2.8	0.8–9.9	2	0.5	0.1–2.5
Glassworker	15	1.1	0.4–2.5	—	.	.	7	1.8	0.7–4.6
Pipefitter	19	2.5	1.1–5.7	2	1.6	0.3–9.6	1	0.5	0.1–3.8
Shoemaker	7	5.9	0.9–36.8	1	3.5	0.2–49.4	1	3.1	0.2–41.3
Butcher	15	2.6	0.9–6.9	1	1.8	0.2–16.9	5	2.7	0.9–8.3
Textile	11	0.6	0.1–4.8	4	10.9	2.6–46.5	3	4.7	1.1–20.3
Farmer	104	1.3	0.8–2.3	14	1.9	0.7–5.2	18	0.7	0.3–1.4
Forestryworker	12	1.8	0.6–4.9	—	.	.	4	1.8	0.5–6.2
Carpenter	10	0.8	0.2–2.6	2	2.2	0.4–10.9	3	1.8	0.5–6.9

^a All the estimates were adjusted for age, residence, education, tobacco smoking (in pack-years), and alcohol consumption.

squamous cell type, whereas small-cell carcinomas showed significantly increased odds ratios of 10.9 and 7.3 for textile workers and bakers, respectively. Textile work was also associated with a significant increase in risk of adenocarcinoma. Butchers had an increased risk of 2.7 for adenocarcinoma. Farmers had nonsignificant increases in risk for squamous and small-cell lung cancer. In table 5, the odds ratios of lung cancer associated

with selected substances are shown. Exposure to Portland cement, brick dust, asbestos, and silica dust was significantly associated with lung cancer (OR values for those ever exposed were 1.6, 1.7, 1.7, and 1.6, respectively). Ever exposure to wood dust was also associated with a 70% increased risk of lung cancer. Ever exposure to DDT was associated with a 70% increase in risk (95% CI 1.0–2.8). In table 6, the OR values for cell

type are shown for the same substances. Excavation dust, Portland cement, brick and silica dust, and asbestos exposure were associated with significant increased risks only for squamous-cell carcinoma. Exposure to diesel exhaust was associated with a twofold increase in risk for small-cell lung carcinoma, whereas gasoline exposure was associated with a moderate increase in risk for adenocarcinoma of the lung. Ever exposure to DDT resulted in increased risks for small-cell cancer and adenocarcinoma. In table 7, the joint effects of asbestos and tobacco smoking for all cell types, for squamous-cell cancer and for lung adenocarcinoma are shown. For all types and for squamous-cell carcinoma a more than additive effect was found. The joint effects of asbestos exposure and type of tobacco are shown in table 8. Asbestos exposure was associated with an increased risk for all cell types combined and for squamous cell carcinoma among black tobacco smokers.

Discussion

The results of our study indicate several associations between job titles and substances and the risk of lung cancer. In fact several hazardous industries are present in developing countries, where the risk is increased by the lack of protective measures (10). This situation is not unknown in Uruguay. In addition, Uruguay is a major cattle and wool producer and occupations like farming are of outstanding importance and allow an assessment of the effects of pesticide exposure in a large sector of the population of Uruguay.

Several findings should be emphasized. Asbestos is a well defined lung carcinogen (11–14), and our results show that 26% of the study population was exposed to asbestos. Furthermore, the risk appears to be largely confined to squamous-cell cancer. This finding appears to be in accordance with the findings of Baker et al (13), who reported a higher frequency of this cell type among workers exposed to crocidolite.

The subject has been reviewed recently by Vainio & Boffetta (11). Unfortunately, the type of asbestos fiber to which this population was exposed is rather difficult to assess, given the design employed. Other studies have reported an increased frequency of small-cell lung cancer in relation to mixed and complex exposures to asbestos (13–14).

Silica dust is a probable human lung carcinogen (15). Our results suggest an elevated risk for squamous-cell carcinoma of the lung. Siemiatycki et al (16) were unable to find an association between silica exposure and lung adenocarcinoma, squamous-cell and small-cell lung cancer being the only types associated with this substance.

Table 5. Relative risks of lung cancer for selected substances. (OR = odds ratio, 95% CI = 95% confidence interval)

Substance	Cases (N)	Referents (N)	OR ^a	95% CI
Wood dust (years)				
1–20 years of exposure	25	20	2.1	1.1–4.1
≥ 21 years of exposure	13	17	1.2	0.5–2.5
Ever exposed	38	37	1.7	0.9–2.8
Mineral wool dust (years)				
1–20 years of exposure	3	4	1.2	0.2–6.3
≥ 21 years of exposure	4	1	3.3	0.3–31.2
Ever exposed	7	5	1.7	0.5–6.1
Fur dust (years)				
1–20 years of exposure	10	8	1.9	0.7–5.6
≥ 21 years of exposure	6	8	1.1	0.4–3.4
Ever exposed	16	16	1.5	0.7–3.3
Gasoline (years)				
1–20 years of exposure	28	23	1.8	0.9–3.2
≥ 21 years of exposure	24	38	0.9	0.5–1.7
Ever exposed	52	61	1.3	0.8–1.9
Diesel exhaust (years)				
1–20 years of exposure	34	40	1.2	0.7–2.1
≥ 21 years of exposure	35	41	1.5	0.9–2.5
Ever exposed	69	81	1.3	0.9–2.0
Gasoline exhausts (years)				
1–20 years of exposure	30	35	1.1	0.6–2.0
≥ 21 years of exposure	30	50	0.9	0.5–1.5
Ever exposed	60	85	0.9	0.7–1.5
Excavation dust (years)				
1–20 years of exposure	22	32	1.2	0.7–2.3
≥ 21 years of exposure	49	37	1.7	0.9–2.7
Ever exposed	71	69	1.5	0.9–2.2
Portland cement (years)				
1–20 years of exposure	44	48	1.6	0.9–2.7
≥ 21 years of exposure	62	56	1.6	0.9–2.5
Ever exposed	106	104	1.6	1.1–2.3
Brick dust (years)				
1–20 years of exposure	39	44	1.5	0.9–2.5
≥ 21 years of exposure	62	51	1.9	1.2–2.9
Ever exposed	101	95	1.7	1.2–2.5
Solvents (years)				
1–20 years of exposure	27	24	1.9	1.0–3.6
≥ 21 years of exposure	44	53	1.1	0.7–1.8
Ever exposed	71	77	1.3	0.9–1.9
Asbestos (years)				
1–20 years of exposure	30	38	1.5	0.8–2.5
≥ 21 years of exposure	58	42	1.9	1.2–3.1
Ever exposed	88	80	1.7	1.2–2.5
Silica dust (years)				
1–20 years of exposure	42	57	1.3	0.8–2.2
≥ 21 years of exposure	83	75	1.8	1.2–2.8
Ever exposed	125	132	1.6	1.1–2.3
Arsenic (years)				
1–20 years of exposure	9	3	3.0	0.7–12.4
≥ 21 years of exposure	3	4	0.9	0.2–4.9
Ever exposed	12	7	1.9	0.6–5.3
DDT (dichlorodiphenyltri-chloroethene (years)				
1–20 years of exposure	34	33	1.6	0.9–2.9
≥ 21 years of exposure	16	17	2.0	0.9–4.7
Ever exposed	50	50	1.7	1.0–2.8
Dieldrin (years)				
1–20 years of exposure	17	13	2.1	0.9–4.6
≥ 21 years of exposure	5	18	0.4	0.1–1.2
Ever exposed	22	31	1.1	0.6–2.0
Other and unknown pesticides				
1–20 years of exposure	24	44	0.8	0.5–1.5
≥ 21 years of exposure	18	20	2.2	1.0–4.6
Ever exposed	42	64	1.2	0.7–1.9

^a Adjusted for age, residence, education, cigarette smoking, and alcohol consumption.

Table 6. Relative risks of lung cancer for workers ever exposed to selected substances by cell type. (OR = odds ratio, 95% CI = 95% confidence interval)

Substance	Squamous cell		Small cell		Adenocarcinoma	
	OR ^a	95% CI	OR ^a	95% CI	OR ^a	95% CI
Wood dust	2.1	1.1—3.8	2.0	0.7—5.9	1.3	0.5—3.2
Wool fiber	2.2	0.5—8.8	—	—	—	—
Fur dust	1.1	0.4—3.0	1.1	0.1—8.9	2.6	0.8—8.5
Gasoline	0.9	0.5—1.7	1.1	0.4—3.2	2.0	1.0—4.0
Diesel exhausts	1.4	0.8—2.3	2.0	0.9—4.7	1.4	0.7—2.8
Gasoline exhausts	0.9	0.5—1.5	0.8	0.3—2.2	1.2	0.6—2.3
Excavation dust	1.8	1.1—2.9	0.9	0.3—2.5	1.3	0.6—2.6
Portland cement	1.9	1.2—2.9	1.1	0.5—2.6	1.4	0.7—2.6
Solvents	1.4	0.8—2.3	1.6	0.6—3.9	1.2	0.6—2.4
Brick dust	1.9	1.2—3.1	1.1	0.4—2.6	1.7	0.9—3.2
Silica dust	1.9	1.2—2.9	0.9	0.4—2.0	1.5	0.8—2.9
Asbestos	2.1	1.3—3.4	0.7	0.3—1.9	1.3	0.7—2.6
Arsenic	2.3	0.7—7.6	2.9	0.5—18.1	2.1	0.6—8.0
DDT (dichlorodiphenyltrichloroethene)	1.3	0.7—2.3	3.6	1.5—8.9	2.3	1.2—4.7
Dieldrin	0.9	0.4—2.1	2.4	0.8—7.7	1.3	0.5—3.2
Other pesticides	0.9	0.5—1.7	0.8	0.2—2.9	1.3	0.7—2.7

^a All the estimates were adjusted for age, residence, education, tobacco smoking (in pack-years), and alcohol consumption.

Table 7. Age- and residence-adjusted relative risks for the joint effect of tobacco smoking and asbestos exposure. (OR = odds ratio, 95% CI = 95% confidence interval)

Tobacco use	All cell types of carcinoma				Squamous-cell carcinoma				Adenocarcinoma			
	Never exposed ^a		Ever exposed ^a		Never exposed ^a		Ever exposed ^a		Never exposed ^a		Ever exposed ^a	
	OR	95% CI	OR	95% CI	OR	95% CI	OR	95% CI	OR	95% CI	OR	95% CI
None (never smokers)	1.0	—	2.5	0.9—6.6	1.0	—	3.0	0.6—14.3	1.0	—	1.6	0.4—8.6
Ever smokers	8.2	4.4—15.3	14.4	7.3—28.4	13.2	4.7—37.1	26.9	9.2—79.1	4.3	1.6—11.4	6.9	2.4—20.1

^a To asbestos.

Table 8. Age- and residence-adjusted relative risks for the joint effect of type of tobacco and asbestos exposure. (OR = odds ratio, 95% CI = 95% confidence interval)

Type of tobacco	All cell types of carcinoma				Squamous cell carcinoma				Adenocarcinoma			
	Never exposed ^a		Ever exposed ^a		Never exposed ^a		Ever exposed ^a		Never exposed ^a		Ever exposed ^a	
	OR	95% CI	OR	95% CI	OR	95% CI	OR	95% CI	OR	95% CI	OR	95% CI
None (never smokers)	1.0	—	2.5	0.9—6.6	1.0	—	3.0	0.6—14.2	1.0	—	1.6	0.3—8.7
Blond	5.1	2.6—10.2	9.7	4.3—21.7	8.6	2.8—26.6	18.4	5.5—61.8	4.1	1.4—12.4	5.4	1.4—20.7
Black	9.1	4.9—17.1	16.0	7.7—33.3	15.2	5.3—43.1	32.3	10.6—98.4	4.9	1.6—12.0	7.9	2.5—24.9

^a To asbestos.

Other important associations observed in our study were those with Portland cement and brick dust, and for both substances the higher risks corresponded again to squamous-cell lung carcinoma. Nevertheless, the lack of statistical power assessing associations with small-cell carcinoma and adenocarcinoma should be taken into account. Both exposures are of great interest, given the high proportion of construction workers in our base population (29.7% of the reference series). These findings congrue with previous results (17).

Pesticides formed one of the main exposures of interest in this study. Our results support an increased risk of lung cancer in general, and of lung adenocarcinoma and

small-cell lung cancer in particular, for DDT exposure, and the dose-response pattern was significant, replicating previous findings (18—23). Since the pesticides used in this work force were partly unknown, it is difficult to establish which chemical could be responsible for the increased risk associated with the category of other pesticides. The working group of the International Agency for Research on Cancer concluded that DDT is possibly carcinogenic to humans (group 2B) (23). Nevertheless, the association between lung cancer and DDT exposure should be evaluated cautiously.

We have evaluated the possibility of bias in the results of this study. It is unlikely that selection bias may

have considerably affected these findings, since all patients admitted to the major hospitals of Montevideo were included in the study.

We also compared the proportion of lung cancers in this base population with the proportion observed in data of the National Cancer Register. The figures were similar and suggest a common catchment area (28.3% in this study, 22.9% in the National Cancer Register).

Recall and interviewer biases appear to have been minimized by the design employed in this study. All the patients interviewed were cancer patients, and recall of the exposures under study should have been similar for each cancer site (24–25).

As aptly stated by Siemiatycki et al (15), the main inconvenience of using a cancer reference group is the possibility that the cancers in the reference pool share occupational exposures with the case series and thus dilute a real effect. This possibility was minimized by including all cancer sites with the exception of sites previously considered possibly related with one or more important exposures relevant to the etiology of lung cancer. Finally, our design precluded a better characterization of the exposure, the result being a critical evaluation of the estimates presented in this study.

For a disease like lung cancer, residual confounding from tobacco smoking is always a matter of concern. We tried to minimize this problem by including a term for pack-years in all the analyses. We tried to measure the degree of confounding by tobacco smoking using the confounding risk ratio (CRR), as suggested by Spinelli et al (26). This ratio ranged from 0.70 for mineral wool fiber to 1.30 for concrete dust. In conclusion, this study has provided a rather large number of associations between occupational exposures and lung cancer, and it suggests that smaller previous studies conducted in Uruguay were valid (5).

Acknowledgments

The work reported in this paper was funded by grants from the International Agency for Research on Cancer, Lyon, France, and the Comision Honoraria de Lucha contra el Cancer, Montevideo, Uruguay.

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Received for publication: 25 October 1995