

PREFACE

This collection of articles is dedicated to Aarni Koskela, PhD(hc), Director of the Department of Physiology, Institute of Occupational Health, Helsinki, Finland.

Dr Koskela started his career as a research fellow in 1954 and was appointed Director of the Department of Physiology in 1966. Under his leadership, ergonomics and work physiology have achieved a strong national position, and the Institute's research in these fields has attained an internationally respected level. From research to practice and from practice to research has been the theme of his own work.

In addition to his career at the Institute, Dr Koskela held the responsible position of Chairman of the Finnish Research Council for Physical Education and Sport for over 20 years. For his work in the International Council of Sport and Physical Education he was given the distinguished Noel-Baker Award in 1991.

Throughout the 1980s until today he has vigorously supported the project "The Aging Worker." The authors are very grateful for his tireless spurring throughout all phases of their work. Now, after a career of 37 years in the Institute of Occupational Health, Dr Aarni Koskela is retiring in good health at the age of 63 years. We all wish him "healthy aging in life after work."